



COLUMBIA HEALTH
Alice! Health Promotion

F2F

FRIEND2FRIEND

KNOW HOW TO HELP

This skills-based program trains Columbia students to effectively recognize and respond to others exhibiting distress. You can be a helper and connect peers to resources on- and off-campus.

GET TRAINED

Where
&
When

Graduate Students

Butler 203
November 5, 1 - 4 PM ET

Undergraduate Students

Studio@Butler (Butler 208b)
November 12, 12 - 3 PM ET

Scan to sign up



Columbia Health makes every effort to accommodate individuals with disabilities. If you require disability accommodations to attend an event sponsored by Columbia Health, or by the University, please contact Disability Services at (212) 854-2388 at least 5 days in advance of the event.